

Kitten Training Plan & Checklist

Printable daily schedule, litter log, core skills & socialization bingo.

Sniffaloo.com — Training with a plan

Daily Schedule (sample)

Time	Activity	Notes
07:30	Meal → litter check → 60-sec target/sit session	
10:00	Wand play → treat puzzle → nap	
13:00	Meal (kittens) → carrier treat party	
16:00	Wand play → practice “come” → lured sits	
19:30	Meal → harness 30 sec (if comfy) → brush	
22:00	Litter check → quiet play → bed	

Litter Log

[illegible]

Core Skills Checklist

- ☐ Name response (look at me)
- ☐ Marker word / clicker charged
- ☐ Target to stick
- ☐ Sit on mat
- ☐ Come (indoor recall)
- ☐ High-five / Paw
- ☐ Leave it / Drop it (gentle)
- ☐ Go to perch/mat
- ☐ Carrier enter & relax
- ☐ Harness acclimation (short)

Socialization Bingo

Pair new sights/sounds with treats/play. Keep sessions short; never force.

<input type="checkbox"/> Vacuum	<input type="checkbox"/> Hairdryer	<input type="checkbox"/> Doorbell	<input type="checkbox"/> Visitors
<input type="checkbox"/> Car ride (carrier)	<input type="checkbox"/> Vet lobby	<input type="checkbox"/> Grooming brush	<input type="checkbox"/> Elevator
<input type="checkbox"/> Tile	<input type="checkbox"/> Carpet	<input type="checkbox"/> Metal surface	<input type="checkbox"/> Stairs
<input type="checkbox"/> Kids noise (distance)	<input type="checkbox"/> Dog at distance	<input type="checkbox"/> TV loud	<input type="checkbox"/> Music
<input type="checkbox"/> Paper bag	<input type="checkbox"/> Crinkly foil	<input type="checkbox"/> Cat tree perch	<input type="checkbox"/> Window street noise

Training Notes

Tip: Reward early and often. Keep sessions < 90 seconds and end on a success. **Happy training from Sniffaloo!**